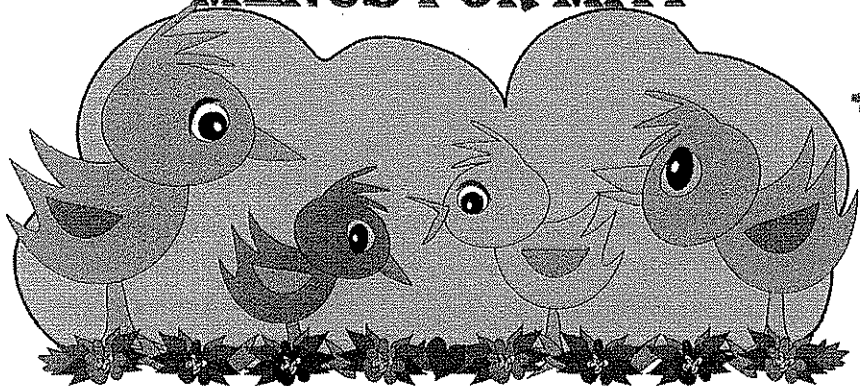


MENUS FOR MAY



St. Francis De Sales School
 This institution is an equal opportunity provider and employer.

Available Daily

Lunch \$2.25 Lebanon City Schools Food Service is dedicated to wellness & nutrition. We serve fresh fruits and vegetables 3-4 times a week. We use turkey products to lower fat percentages, we will offer whole grain breads and healthy snacks. Water is available to purchase through the cafeteria. We will offer only prepackaged Uncrustable PB&J sandwiches to avoid cross contamination. In addition to our daily entrees, we will offer the following:
 choose ONE •Salads•Soft pretzel, yogurt & cheese sauce• Hotdog on bun Uncrustable PB&J sandwich Vegetable, fruit and milk available with all purchased lunches. Milk included with Lunch



Cinco de Mayo (May 5th) celebrates a great Mexican military victory in 1862.



GET DOWN WITH THE BROWN.

Whole grain foods (which are usually brown) are better for you than the white stuff. So when you can, try to choose whole wheat pasta and bread, whole grain cereal, and brown rice.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, May 3	Tuesday, May 4	Wed., May 5	Thursday, May 6	Friday, May 7
<p>Lunch Fish-15 on Bun-22 Tatar Sauce-4 Macaroni and Cheese-23 Garden Salad-4 w/Dressing-1 Fresh Apple-13</p>	<p>Lunch BBQ Rib-7 on Hoagie-30 Crisp Pickles-0 Sweet Corn-8 Fresh Fruit-19</p>	<p>Lunch Nacho Chips-16 with Taco Meat-2/ Cheese-1 Lettuce-1/Salsa-4 Orange Smiles-18 Graham Cracker-11</p>	<p>Lunch Assorted Breaded Chicken-11 SAND. MASHED Potatoes-24 WG Dinner Roll-15 Peach Cup-19</p>	<p>Lunch Stuffed Crust Cheese Pizza-46 Mixed Vegetables-8 Cup of Diced Pears-19</p>
Monday, May 10	Tuesday, May 11	Wed., May 12	Thursday, May 13	Friday, May 14
<p>Lunch Deluxe Hamburger-2 On Bun-22 Cheese-1/ Pickle Chips-0 Veggie Sticks-4 With Dip-1 Fruit Cocktail-19</p>	<p>Lunch 3-Turkey&Ham Wrap-21 1-Lettuce/Pickle Chips-0 Tater Tots-18 Fruit Cup w/Grapes-19</p>	<p>Lunch Rotini Bake-40 Sweet Corn -8 Garlic Bread-15 Fresh Fruit Cup-19</p>	<p>Lunch Corn Dog-30 Baked Beans-4 Chilled Fruit Cup-19 Cherry Shape-up-15</p> <p>THE NUMBERS REPRESENT CARB COUNTS:MILK: WHITE-11</p>	<p>Lunch Bosco Stick-32 w/Pizza Sauce-6 Toss Salad-4 w/ Dressing-1 Fresh Apple-13</p> <p>CHOCOLATE-30 VANILLA-30 STRAWBERRY-27</p>

Monday, May 17

-1

Lunch

Brunch for Lunch
Scrambled Egg w/
Cheese-7
Baked Hash Brown-13
Apple Muffin-29
Fruit Juice-15

Tuesday, May 18

Lunch

42-Spaghetti w/ Meat
Sauce-9
Garlic Bread-15
Seasoned Green
Beans-4
Bananas, Grapes and
Peaches-20

Wed., May 19

Lunch

Chicken Patty-9
on Bun-22
Popeye Salad-4
Ranch Dressing-1
Chilled Pears-18

Thursday, May 20

Lunch

Corn Dog-30
Baked Beans-4
Chilled Fruit Cup-19
Cherry Shape-up-15

Friday, May 21

Lunch

Cheese Pizza-36
4-Toss Salad with
Dressing-1
Choice of
Fresh Fruit-22

Monday, May 24

Lunch

Mini Twin
Cheeseburgers-42
Potato Coins-20
Fresh Apple-18

Tuesday, May 25

Lunch

32-Bosco Sticks w/
Pizza Sauce-6
Popeye Salad-4
Ranch Dressing-1
Mixed Fruit-18

Wed., May 26

Lunch

3-Italian Sub-30
Fritos-12
Seasoned Green
Beans-4
Diced Peaches-18

Thursday, May 27

Lunch

Chicken Nuggets-11
Mash Potatoes-24
14-Bread w/
Margarine-1
Fresh Fruit-20

Friday, May 28

Lunch

Stuffed Crust
Cheese Pizza-46
Spring Salad-4
Dressing-1
Applesauce-19

Monday, May 31



No School Today

Tuesday, June 1

Lunch

Shredded BBQ
Chicken-6 on Bun-22
Toss Salad-4 w/
Dressing-1
Cup of Strawberries w/
Whip Topping

Wed., June 2

Lunch

21-Soft Beef-2 Taco
w/ Lettuce-1 and
Cheese-1
12-Tortilla Chip with
Salsa-2
Veggie Sticks-4
Orange Smiles-18

Thursday, June 3

Lunch

Brunch for Lunch
Mini Pancakes-23
Syrup-31
Sausage Links-2
Hash Brown-13
Orange Juice-15

Friday, June 4

Lunch

French Bread Pizza-
46
Pizza Sauce-6
Veggie Sticks-4
Dip-1
Diced Pears-18

Monday, June 7

Lunch

Cook's Choice

TO BE
POSTED
LATER!

Tuesday, June 8

Lunch

Cook's Choice

TO BE
POSTED
LATER!

Wed., June 9

Lunch

Cook's Choice

TO BE
POSTED
LATER!
Have a Safe and
Fun Summer!

Thursday, June 10

**Try not to grow up
too fast on us.**

The school year probably seems like it takes forever to you. But to your parents (and to us), it seems like you're a baby one day and all grown up the next. If you're moving on to a new school next year, good luck. If not, we'll see you back here in a couple of months. But, either way, please do us a favor this summer: try to enjoy just being a kid. Because before you know it, a grown-up will be staring back at you from the mirror!

